



## WLS Forte Capsules

Serving Size: 1 WLS Forte Capsule

Amount per Serving		% DV*
Vitamin A (as retinol palmitate)	600 mcg	67%
Vitamin C (as ascorbic acid)	120 mg	133%
Vitamin D (as cholecalciferol)	75 mcg (3000 IU)	375%
Vitamin E (as d-alpha tocopherol succinate)	24 mg	160%
Thiamin (as thiamine hydrochloride)	2.7 mg	225%
Riboflavin	3.5 mg	269%
Niacin (as nicotinamide)	32 mg	200%
Vitamin B6 (as pyridoxal 5 phosphate)	0.98 mg	58%
Folate	1000 mcg DFE (600 mcg Folic Acid)	250%
Vitamin B12 (as cyanocobalamin)	350 mcg	14583%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	18 mg	360%
Iron (as iron fumarate)	70 mg	389%
Iodine (from potassium iodide)	225 mcg	150%
Zinc (as zinc citrate dihydrate)	22.5 mg	205%
Selenium (as sodium selenite)	105 mcg	191%
Copper (as copper gluconate)	3 mg	333%
Manganese (as manganese citrate deca-hydrate)	3 mg	130%
Chromium (as chromium III chloride)	160 mcg	457%
Molybdenum (as sodium molybdate dihydrate)	112.4 mcg	250%

\* % DV = Daily Value

**Other Ingredients:**

Vegetable capsule (hypromellose), microcrystalline cellulose, artificial cherry flavor, talc, magnesium stearate, iron oxide (color), titanium dioxide (color).

**Allergy Information**

This product was manufactured in a facility that also uses milk, crustaceans, fish, tree nuts, wheat and soybeans which may result in the presence of the allergen in this product.

**Recommended dose**

Take 1 capsule daily with a sip of water, ideally with a meal. Do not exceed the recommended daily dose. This product is not suitable for children under the age of 18 years.

**Storage Instructions**

Store in a dry place below 77 °F.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.